

# MCGHealth Women's Health Program



# Refer Your Patients to a Leading Women's Health Program

When your patients need women's health care, consider MCGHealth Women's Health Services. Care is delivered by physicians who understand the important gender differences in health care. These physicians will see your patients quickly, submit prompt, thorough reports on their findings, and keep you updated on their progress.

The program is staffed by family medicine physicians, obstetricians and gynecologists, internists, radiologists and access to MCGHealth's medical staff, the largest, most diverse team of physicians in the area.

To refer an adult or adolescent patient to Women's Services,  
call 706-721-4959 or FAX 706-721-1459.



[mcghealth.org/women](http://mcghealth.org/women)

*A Comprehensive Range of Women's Services*

## General GYN Care

- Well woman care, to monitor your patients' health and identify problems early, when they are easier to treat or cure
- Gentle adolescent gynecology

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# Meeting the Unique Gynecological Need of Adolescents

Within a year after a girl has her first menstrual period she should have her first healthy-girl visit with a gynecologist. These visits can be difficult for young girls, so it's important to refer to a physician who understands the unique needs of adolescents.

MCGHealth Women's Services offers:

- The largest team of board-certified adolescent medicine physicians in the area
- Gentle, educational adolescent gynecological exams
- Gardasil counseling and vaccines
- Solutions for abnormal menstrual bleeding, painful periods and other common problems
- Counseling, screening, diagnosis and care for sexually transmitted diseases (STDs)
- An opportunity for girls to ask questions about their development and access information on their physical and psychosocial health, wellness and sexuality
- Monitoring for other conditions, such as acne, body image, eating disorders, drug or alcohol abuse and other disorders
- Quick and easy referrals to other specialists
- An on-site lab and a full range of in-house diagnostic testing
- Medical interpreters for patients who don't speak English
- Child and Teen Life Specialists to help teens understand and cope with care

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# Diagnosing Problems Through Pelvic Ultrasound

If you have patients with GYN problems, we offer in- and out-patient GYN ultrasounds using state-of-the-art two, three and four-dimensional machines. The unit is staffed by physicians who are specialists in gynecology, reproductive endocrinology, infertility and genetics. They are supported by sonographers and nurses with years of experience in GYN ultrasound. The unit offers testing to:

- Identify the cause of pelvic pain, painful periods, no periods, excessive or irregular menstrual bleeding or uterine bleeding
- Evaluate, monitor and treat infertility
- Identify the cause of delayed menses, precocious puberty or vaginal bleeding in prepubescent children
- Identify the cause of postmenopausal bleeding
- Evaluate abnormal or technically limited pelvic exams
- Evaluate pelvic infections
- Further evaluate pelvic abnormalities found on other imaging studies
- Identify or evaluate congenital anomalies of the pelvis or pelvic organs
- Sonohysterography testing, to discover abnormalities in the uterine cavity

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# Hysteroscopy and GYN Services

MCGHealth offers advanced diagnostics and minimally invasive alternatives to traditional gynecologic surgeries. Surgical services include:

- A staff of highly trained and experienced gynecologic surgeons, including GYN oncologists who diagnose and treat gynecologic cancer
- GYN ultrasound and diagnostic hysteroscopy, to pinpoint the cause of your patient's problem
- Operative hysteroscopy
- Laparoscopic procedures, including hysterectomy and sterilization
- Endometrial ablation
- Cryosurgery, to freeze a section of the cervix to destroy abnormal cervical cells
- Loop Electrosurgical Excision Procedure (LEEP) to destroy abnormal cells found on the surface of the cervix
- Dilation and Curettage (D&C) to treat abnormal uterine bleeding and detect uterine cancer
- The incision-free Essure sterilization procedures, an alternative to hysterectomy
- Colposcopy for the evaluation of abnormal Pap smears, a non-surgical way for a physician to visualize the cervix
- da Vinci Robotic hysterectomy and myomectomy, to remove uterine fibroids

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## *A Comprehensive Range of Women's Services*

# Birth Control Counseling and Care

Our physicians can help your patients select the contraceptive that best fits their age, health status, religious beliefs and other issues. We offer:

- Birth control pills, including pills that limit menstrual periods
- Implants, including Implanon
- Injectables
- Interuterine devices (IUDs), including Mirena and ParaGard
- Diaphragms
- Vasectomies
- Permanent birth control options, including laparoscopic tubal ligation and Essure
- Natural family planning

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## *A Comprehensive Range of Women's Services*

# Comprehensive Obstetric Care

When your patients wish to begin or extend their families, it's important to refer them to highly skilled and experienced physicians and a hospital that's staffed and equipped for any eventuality. Our obstetric services include:

- Preconception planning
- Prenatal care for normal and high risk pregnancies and the region's only Perinatal Center
- Maternal-Fetal Medicine specialists for high risk pregnancy
- Vaginal deliveries and Cesarean sections, when necessary
- Spacious all-in-one labor, delivery and recovery rooms
- A level III D (highest level) neonatal intensive care unit (NICU)
- NICU air and ground transport teams
- Board-certified lactation specialists
- Infertility and in vitro fertilization services
- Obstetric ultrasound
- Genetic counseling and the area's only physician geneticists
- Skin-to-skin Mother Baby Couplet Care
- Patient Family Center Care
- Education and support

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# A Regional Perinatal Center

The state-designated Augusta Regional Perinatal Center at MCGHealth serves women throughout a 24-county area in Georgia. By providing risk-appropriate care, the Center reduces maternal and infant morbidity and mortality rates. Women and infants who meet financial criteria are eligible for funding. The Center provides the following services to high-risk obstetric patients:

- Consultations with maternal-fetal medical specialists
- Transportation, prenatal care, delivery and post-partum and newborn care for women experiencing high risk pregnancies.
- Pregnancy related services, such as in-home health assessments and teaching for women who have recently delivered a baby
- Education and support for pregnant and parenting teens
- Perinatal case management
- A Registered Nurse who serves as an obstetric outreach educator
- Medical Social Workers
- Registered Dieticians
- The areas only Level III D (highest level) NICU

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## *A Comprehensive Range of Women's Services*

# Genetic Counseling and Testing

If you have patients whose babies may be at risk of genetic diseases or birth defects, depend on the MCGHealth Genetics Department. The department offers:

- Board-certified physician geneticists
- Board-certified genetic counselors to review the benefits, risks and ramifications of genetic testing
- First trimester screenings, a blood test and ultrasound offered to all women between 11 and 13 weeks to evaluate the risk for Down Syndrome, trisomy 13 and trisomy 18
- Maternal serum screening, a blood test offered to all women between 15 and 20 weeks to evaluate the risk for neural tube defects, Down syndrome and trisomy 18
- Ultrasound screenings to identify birth defects or signs of genetic conditions, ideally performed between 16 and 20 weeks
- Genetic counseling and testing for breast, colon and ovarian cancers
- Tests to diagnose chromosomal abnormalities and other genetic disorders. These include chorionic villus sampling (CVS) and amniocentesis.
- Education about genetic diseases and birth defects
- Ancestry-based carrier screening, for women whose ethnicity may increase the risk of certain disorders
- Newborn screening to detect certain genetic diseases which benefit from early diagnosis and treatment
- Genetic counseling: Work with physicians to treat birth defects through vitamin, gene and enzyme-replacement therapy
- Work with physicians to perform pre-implantation studies to diagnose genetic diseases in embryos before implantation through in vitro fertilization

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## *A Comprehensive Range of Women's Services*

# Infertility Services and In Vitro Fertilization Laboratory

If your patients are having trouble conceiving or having a baby, depend on MCGHealth's Reproductive Medicine & Infertility Associates. The practice offers a depth and breadth of reproductive medical services unmatched in this area, including vitro fertilization. Its experienced board-certified reproductive endocrinologists offer:

- Solutions for male and female infertility
- Treatments for anovulation, a common cause of infertility
- In vitro fertilization services
- Care for hypogonadism
- Care during menopause
- Pediatric gynecology
- Reproductive genetics
- An on-site lab for hormone testing, semen analysis and in vitro fertilization
- Ongoing research in human infertility

To refer a patient to MCG Reproductive Medicine & Infertility Associates, call 706-721-149.



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*A Comprehensive Range of Women's Services*

## The Area's Only Women's Heart Health Program

MCGHealth operates a Women's Heart Health Program that offers comprehensive, state-of-the-art cardiovascular care tailored specifically for women, provides educational services and conducts studies on women's heart health issues.

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## *A Comprehensive Range of Women's Services*

# Comprehensive Breast Health Program

MCGHealth's Breast Health Program offers everything your patients need to monitor their breast health and fight breast cancer. When your patients experience changes in their breast, we offer:

- Screening and diagnostic tests including mammography, Magnetic Resonance Imaging (MRIs) and Ultrasound
- MRI-guided biopsy of the breast, when lesions can't be detected on mammograms or ultrasound
- Quick access to skilled surgeons
- Stereotactic or ultrasound-guided biopsy
- A Certified Breast Health Navigator who coordinates care, education and support
- Genetic counseling and testing for breast and ovarian cancer
- Second opinions
- Coordinated, multidisciplinary breast cancer care

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## *A Comprehensive Range of Women's Services*

# Perimenopause and Menopause Program

When your patients experience perimenopausal or menopausal symptoms, a mid-life checkup at MCGHealth's Perimenopause and Menopause Program can help. The program is staffed by a reproductive endocrinologist who will help your patients through this difficult time. Services include:

- A holistic health assessment
- Information related to menopause and healthy aging
- Help managing the symptoms of menopause
- Preventive approaches to osteoporosis, heart disease, breast health, stress and incontinence

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## *A Comprehensive Range of Women's Services*

# Urogynecology

If you have patients who struggle with urinary or fecal incontinence or prolapsed pelvic organs, the urogynecologist at MCGHealth Women's Health can help.

Services include:

- Multi-channel urodynamic studies
- Lifestyle changes, medications, medical devices or exercises
- Diagnosis and care for fecal incontinence
- Minimally invasive surgical procedures, such as the vaginal sling, a painless outpatient procedure performed through a small internal incision. The procedure does not require general anesthesia.

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## The Area's Only Thyroid/Parathyroid Center

Thyroid problems are common in women and often undiagnosed, yet they can undermine your patient's health and well being. MCGHealth operates the area's only Thyroid/Parathyroid Center. It offers advanced, multidisciplinary diagnostics and care as well as minimally invasive and robotic thyroidectomies.

To refer a patient to the Thyroid/Parathyroid Center,  
call 706-721-1400 or FAX 706-721-1459.



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# OB/GYN



Kelli Braun, MD



Angela Duke, MD



Adelina Emmi, MD



Erin Holsten, MD



Lioudmila Lipetskaia, MD



John Lue, MD



Ana Murphy, MD



Brian Murray, MD



Chadburn B. Ray, MD



O. Talledo, MD



Robert Zabenko, MD

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Women's Health

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## Family Practice

## Women's Mid-Life

## Internal Medicine



Janice Coffin, MD



Alison Lauber, MD



Ana Murphy, MD



Shilpa Brown, MD

## Maternal-Fetal Medicine



Lawrence Devoe, MD



Andrew Helfgott, MD

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Women's Health

## Nephrology



Laura Mulloy, MD

## Urogynecology



O. Talledo, MD

## GYN Oncology



Sharad Ghamande, MD



Michael Macfee, MD

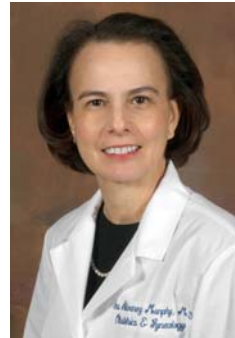
## Reproductive Endocrinology/Infertility



Adelina E, MD



Lawrence Layman, MD



Ana Murphy, MD

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**MCGHealth**  
Women's Health

## Genetics



Lawrence Layman, MD

## Radiology (Breast Health)



Suzanne Thigpen, MD

## Practice Site Administrator



Linda Wildey, MSN, RN  
Administrative Director  
706-721-1788  
lwildey@mcg.edu

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# Training the OB/GYNs of Tomorrow

MCGHealth Women's Services sponsors a residency program designed to educate the highly skilled OB/GYNs needed to treat future generations of patients in our community and around the world.

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# MCGHealth Women's Services Location and Hours of Operation

## MCGHealth Women's Services

MCGHealth Ambulatory Care Center

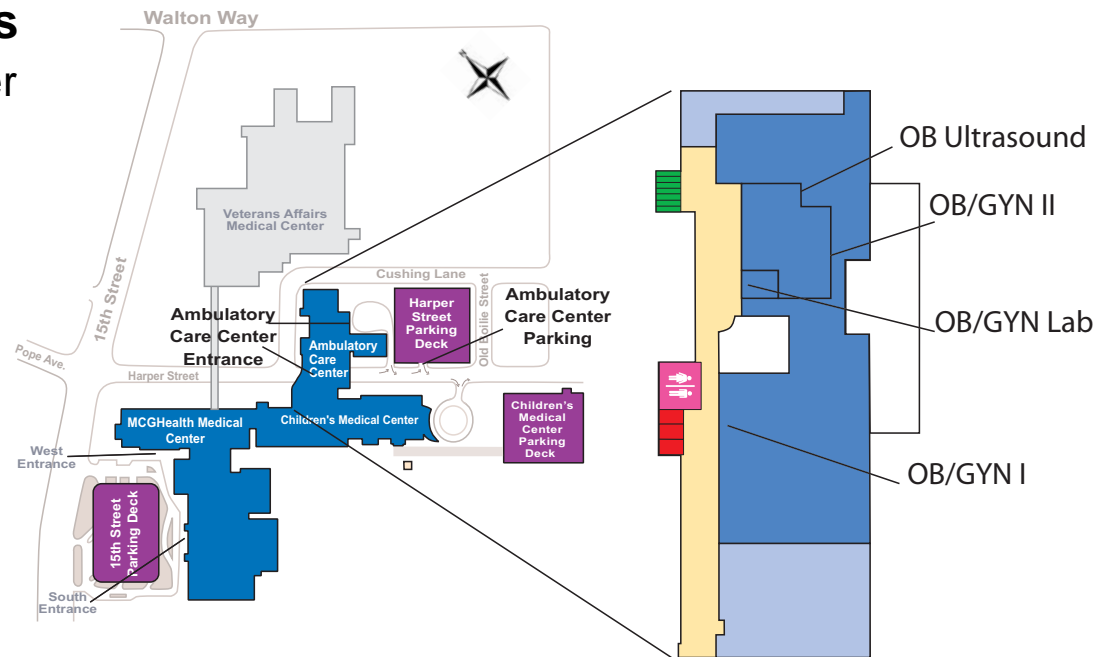
1447 Harper Street, 5<sup>th</sup> Floor

Augusta, GA 30912

**706-721-4959**

Monday through Friday

7:30 a.m. to 5 p.m.



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# To Refer a Patient

- To refer an adult or adolescent patient
  - 706-721-4959
  - FAX: 706-721-1459

